

## **Middle Eastern Chicken and Lentils**

### Ingredients

8 oz. baby carrots

1½ cups lentils, uncooked

1 ½ pounds boneless skinless chicken cut in strips

4 cl. Garlic

¾ teaspoon salt

¾ teaspoon ground turmeric

½ teaspoon ground red pepper

½ teaspoon ground cinnamon

4 cups vegetable broth

### Directions

1. In a 4-5 quart slow cooker, combine all ingredients.
2. Cover slow cooker and cook on High for 5 hours. Or High for 1 hour and turn to Low for 7 hours.